



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

## BIERHAUS FAMILY NATATORIUM

### Main Pool Schedule Jan. 1<sup>st</sup> to March 18<sup>th</sup>

Multiple activities are often scheduled in this pool at the same time.

Children under the age of 10 must be accompanied by a 16-year old or older.

#### Directions

You will be asked to share a lane if needed. Please swim in a circle format.

#### Speed

Please try to choose a lane with swimmers that most nearly match your speed.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-9:00 Lap Swim	6:00-9:00 Lap Swim	6:00-9:00 Lap Swim	6:00-9:00 Lap Swim	6:00-9:00 Lap Swim	6:00-8:00 Lap Swim	
9:00-11:00 CLOSED	9:00-11:00 CLOSED	9:00-11:00 CLOSED	9:00-11:00 CLOSED	9:00-11:00 CLOSED	8:00-9:30 TRI Challenge	
11:00-1:00 Lap Swim	11:00-1:00 Lap Swim	11:00-1:00 Lap Swim	11:00-1:00 Lap Swim	11:00-1:00 Lap Swim	11:00-1:00 Lap Swim	
1:00-4:00 CLOSED	1:00-4:00 CLOSED	1:00-4:00 CLOSED	1:00-4:00 CLOSED	1:00-4:00 CLOSED	1:00-3:45 Open Swim	1:00-3:45 Open Swim
					Lap swim 2 lanes	Lap swim 2 lanes
4:30-6:00 Lap Swim 3 lanes	4:30-6:00 Lap Swim 3 lanes	4:30-6:00 Lap Swim 3 lanes	4:30-6:00 Lap Swim 3 lanes	4:30-6:00 Lap Swim 3 lanes	4:30-6:00 Lap Swim 3 lanes	
LHS 3 lanes Until 5:30	LHS until 5 3 lanes ABC 5:15-6:00 3 lanes	LHS 3 lanes Until 5:30	LHS until 5 3 lanes ABC 5:15-6:00 3 lanes	LHS 3 lanes Until 5:30		
6:00-6:30 VST 2 Lanes	6:00-6:30 Lap swim 6 lanes	6:00-6:30 VST 2 lanes	6:00-6:30 Lap swim 6 lanes			
6:00-6:30 Lap swim 4 lanes		6:00-6:30 Lap swim 4 lanes				
6:30-8:45 Lap Swim 3 lanes	6:30-8:45 Lap Swim 3 lanes	6:30-8:45 Lap Swim 3 lanes	6:30-8:45 Lap Swim 3 lanes	6:00-8:45 Lap Swim 2 lanes		
VST 3 lanes	VST 3 lanes	VST 3 lanes	VST 3 lanes	Open Swim		

**Lap Swim** – For members to swim laps for exercise. No diving board.

**Open Swim** – Open to all members.

**ABC** – Aqua Boot Camp

**LHS Swim team** – Practices M-F afterschool. 3 lanes available for lap swimmers after 4:30

**VST**- Vincennes Swim Team practices M-Th after 6. 3 lanes available for lap swimmers

### YMCA of Vincennes

2010 College Avenue, Vincennes, IN 47591

P 812 895 9622 F 812 882 3947 [www.vincennesymca.org](http://www.vincennesymca.org)

Aquatics Director: Tiffany Petts, ext. 37



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# POOL SCHEDULE

## WARM WATER THERAPY

### Warm Pool Schedule Jan. 1<sup>st</sup> to March 18<sup>th</sup>

Multiple activities are often scheduled in this pool at the same time.

Children under the age of 10 must be accompanied by a 16-year old or older.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-9:00 Family Swim	8:00-9:00 Family Swim	8:00-9:00 Family Swim	8:00-9:00 Family Swim	8:00-9:00 Family Swim	8:00-9:00 Family Swim	
9:00-10:00 Ducks Men's Aqua	9:00-10:00 Ducks	9:00-10:00 Ducks Men's Aqua	9:00-10:00 Ducks	9:00-10:00 Men's Aqua Ducks	9:00-10:00 Family Swim	
10:00-11:00 Cardio Aquacise	10:00-11:00 Arthritis Aquacise	10:00-11:00 Cardio Aquacise	10:00-11:00 Arthritis Aquacise	10:00-11:00 Cardio Aquacise	10:00-11:00 Lessons	
11:00-12:00 Family Swim	11:00-12:00 Family Swim	11:00-12:00 Family Swim	11:00-12:00 Family Swim	11:00-12:00 Family Swim	11:00-3:45 Open Swim	1:00-3:45 Open Swim
12:00-1:00 Adult Swim	12:00-1:00 Adult Swim	12:00-1:00 Adult Swim	12:00-1:00 Adult Swim	12:00-1:00 Adult Swim		
1:00-2:00 Rental	1:00-2:00 Rental	1:00-2:00 Rental	1:00-2:00 Rental	1:00-2:00 Rental		
2:00-3:00 Rental	2:00-3:00 Rental	2:00-3:00 Rental	2:00-3:00 Rental	2:00-3:00 Rental		
3:00-4:00 CLOSED	3:00-4:00 CLOSED	3:00-4:00 CLOSED	3:00-4:00 CLOSED	3:00-4:00 CLOSED		
4:00-5:00 Family Swim	4:00-5:00 Family Swim	4:00-5:00 Family Swim	4:00-5:00 Family Swim	4:00-5:00 Family Swim		
5:00-6:00 Family Swim	5:00-6:00 Cardio Aquacise	5:00-6:00 Family Swim	5:00-6:00 Cardio Aquacise	5:00-6:00 Family Swim		
6:00-7:00 Lessons	6:00-7:00 Lessons	6:00-7:00 Lessons	6:00-7:00 Lessons	6:00-7:00 Family Swim		
7:00-8:45 Open Swim	7:00-8:45 Open Swim	7:00-8:45 Open Swim	7:00-8:45 Open Swim	7:00-8:45 Family Swim		

**Adult Swim** – Must be 18 or older.

**Family Swim** – Open to children with a parent or guardian.

**Open Swim** – Open to all members.

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